

Restored Core



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restoredcorept@gmail.com
541-241-6846

Dear Valued Client,

In preparation for your **clinic appointment** please read the information below as it will improve the quality of your first visit. Thank you.

- **Parking:** There is ample parking in front of the building where the Evermore Midwifery sign is located.
- **Entrance/Check In:** Please come in through the door labeled Evermore Midwifery and wait in the waiting area. You can check in for your appointment on the Jane app once you have arrived. Michaela will come get you once she is ready.
- **Children:** You are welcome to have children present, however it may limit how much is able to be completed in a visit, please be aware of this.
- Take **inventory of any exercise equipment** you have in your home and if possible please gather it before the appointment.
- **Clothing:** Wear clothing that is comfortable and easy to move in.
- A thorough external and potentially internal **examination of the body** and pelvis will be completed in order to determine the source of your problem(s).
- You always have the **right to refuse** any portion of the examination or treatment if you do not feel comfortable.
- **Chaperone:** You are welcome to bring a chaperone during the visit for your comfort. Please plan ahead to coordinate this.

Please email, text or call Restored Core if you have any additional questions.

Sincerely,

Michaela Cioffredi PT, DPT, OCS

